

## The 2017 CADS Annual Festival: “Skiing is for Everyone”

The CADS Festival is a fun filled adaptive skiing snowboarding week held annually at resorts across Canada. The [2017 CADS Ski and Snowboard festival](#) will be held at [Sun Peaks Resort](#), B.C. Sunday March 26 to Friday March 31. Participants are encouraged to [register early](#). It offers a week of adaptive ski and snowboard improvement lessons, racing, camaraderie, fun games, on-snow activities, socials and an awards banquet. Certified CADS Instructors from programs across the country volunteer their time to work with our students for the week. Details are available on the [Festival webpage](#)

- Location** [Sun Peaks Resort](#), 1280 Alpine Road, Sun Peaks, BC, Canada  
V0E 5N0 [their web site at www.sunpeaksresort.com](#)  
Guest Services e-mail [questservices@sunpeaksresort.com](mailto:questservices@sunpeaksresort.com)  
Virtually ski their runs on google map / google earth  
135 trails, including 16 gladed areas Phone 250 578-5474
- Dates** Sunday March 26 to Friday, March 31, 2017
- Accommodation** [Sun Peaks Grand Hotel & Conference Centre](#)  
Fully accessible ski-in ski-out accommodations at competitive rates  
See below for room rates and reservation instructions
- Skiers To Do** **By Jan 31, 2017** apply for CADS-NCD funding. In advance of the application deadline, express interest in the Festival as early as possible to facilitate planning and fund raising.
- Attending the Festival is an experience of a lifetime for anyone who has never been. You will not be disappointed!  
Visually limited skiers wanting to go are required to find a guide willing to go and pay their own way.
- Pending CADS-NCD funding, early registration for the Festival for your week of fun, learning, and excitement is strongly suggested via the [CADS Festival webpage](#). Reserve your flight and room early for best availability and rates. Consult NCD.
- Clubs To Do** CADS-NCD Programs advertise the CADS Festival in fall newsletters and reminder in e-mails. Start planning and fund raising now, continue through the season.  
Program coordinators, guides, coaches please canvas their programs to see who wants to go / who is ready.  
Set up a skill development plan so each CADS Festival skier has skills necessary for the Festival. Carry out plan over the season
- CADS-NCD** Feb 15, 2017 NCD would like to know who plans to attend  
We can finalize funding, appropriate coaches / volunteers, etc.

**Registration** [Click here to register for the 2017 CADS Ski & Snowboard Festival](#)  
Festival Registration is open on [CADS web site](#)

**Breakfast Package** Sun Peaks Grand Hotel is offering a Festival 5-Day Breakfast Package, Monday to Friday. Cost is \$92.95 It must be purchased in advance. Breakfast coupons will be provided at Registration.  
**DEADLINE for purchase is Tuesday, March 21, 2017.**

**Application Forms** After completing online Registration and paying applicable fee, students, prospective Festival Instructors and volunteers must complete appropriate application form so CADS can ensure best

- [STUDENT Application](#)
- [VOLUNTEER Application](#)
- [INSTRUCTOR Application](#)

**Please e-mail completed application forms to [deanna@disabledskiing.ca](mailto:deanna@disabledskiing.ca) by February 22, 2017**

### **Accommodation Rates**

**Sun Peaks Grand Hotel & Conference Centre** is pleased to be the host hotel for the 2017 CADS Festival. They have a variety of room or suite options where you will be on-site for meeting places and social events. Book early as availability is limited!

**Reservation requests must be made by Monday February 13, 2017 in order to qualify for CADS group rate.**

To book accommodation at **Sun Peaks Grand Hotel and Conference Centre or Sun Peaks Residences Suites** online, please click on the link

<https://reservations.sunpeaksgrand.com/sunpeaksgrand/availability.asp>

1. Register as a user.
2. Choose your dates of stay and number of registered adults in a room. Two sharing one room is 2 adults.
3. Under Special Rates, click the arrow and choose **Group/Block** from the drop down box.
4. Enter group code **GKNCADS17 FOR HOTEL ACCOMODATION AT SUN PEAKS GRAND**, or
5. Enter the group code **GKNCADR17 FOR ACCOMODATION AT RESIDENCES SUITES**
6. Click on the "Check Availability" Box.

By adding in a group code, the system will show all hotel room types still available to you at CADS group conference rate and the time of your enquiry.

A credit card will be requested at the time of booking to secure your accommodation. Please ensure that you read the cancellation policies regarding your booking.

The guestroom rate that populates is the net room rate and does not include applicable room taxes of 16%.

We are pleased to offer you an ECO Conference Rate. All rooms booked for Festival will receive housekeeping services every second day. This discounted rate is our way of thanking you for helping us reduce usage of water, power and chemicals by cleaning your room every second day.

A confirmation screen will show at the end of the booking process and if you wish to obtain a hard copy, please print your confirmation from this screen.

If you wish to contact the hotel directly to book your accommodation, please contact us at 1-844-774-7263 and quote the group code **GKNCADS17** for Sun Peaks Grand Hotel rooms or **GKNCADR17** For Sun Peaks Grand Residences Suites, or by listing your conference name in full.



[Visit their website](#) 3240 Village Way, Sun Peaks, BC V0E 5N0  
 Phone 250-578-6000, 250-578-6080 or Toll Free 1-844-774-7263  
 Fax 250 578-6001 e-mail [reservations@sunpeaksgrand.com](mailto:reservations@sunpeaksgrand.com)  
 Resorts signature property, full service luxury hotel, located in the core of the village, with chairlifts, trails and activities at the door, Parking, terrace, health club, on-site grocery store, boutiques, nightclub, three outdoor hot tubs, indoor entrance to heated outdoor pool, (includes in-house mountain-view pool) two massage rooms, sauna, and well-equipped gym. Dine-in for breakfast, lunch, or dinner at Mantles Restaurant & Lounge serving Pacific Northwest cuisine with regional flare, enjoy mountain views with a cocktail on scenic patio, 12,000 square feet meeting convention space.

## Travel

Attendees are responsible to book and pay for their own travel. Sun Peaks is located approximately 58 km from Kamloops. Fly to Kamloops via Calgary or Vancouver, Most arrive Saturday afternoon on March 25 and depart Saturday April 1.

USE Airport Shuttle ride 1 hour to Sun Peaks Resort. Shuttle cost is about \$50 per Adult (13+), plus 5% per one way trip. Airport shuttles to Sun Peaks from Kamloops meet many flights. Recommend groups of 4 go together to minimize costs. Sun Peaks Village has stores within reasonable walking distance. For detailed

airport shuttle and transportation information, [click here](#). And [Download the Shuttle Schedule](#) To book the shuttle, please email [deanna@disabledskiing.ca](mailto:deanna@disabledskiing.ca) with your flight details.

**Resort Transit Service** within the village. Route starts from the Village Day Lodge (VDL) then heads to the east end of the resort near Woodhaven and Parking Lot 5 (P5). The bus then returns to the west end of the resort making a stop at the VDL before proceeding down Fairways Drive and Burfield Drive. From Burfield Drive the bus then returns to the VDL on Sun Peaks Road. Bus stop locations are easily located in Sun Peaks Resort by red signs that simply state 'Bus Stop.' The entire loop takes approximately 30 minutes. Please see the schedule below for the main bus stops. To view all the bus stop locations on the village map, [click here](#).

**Funding** **Plan and estimate about \$2,200 to \$2,500 per person** depending on circumstances, taxis, flights, accommodation choices, SKIMP, meals, equipment rental if needed, personal incidentals, etc.

If you plan to attend, please begin fund raising early. Every person attending should pay at least some of their own costs.

Clubs and Division to confirm support based on availability of funds. 2016 CADS Festival Bursary Info at <http://disabledskiing.ca>

**To Bring** Make sure you bring proper snow attire including:

- Skis, poles, boots, and or adaptive devices
- Helmet
- Gloves
- Ski/Riding pants
- Ski/Riding jackets
- Sweaters & pants
- Under garments
- Extra socks
- Sunscreen
- Toque
- Goggles
- Sunglasses
- Neck Gator
- Personal Ski Locks
- Personal necessities / medications etc

**Equipment Rental** Participants are responsible for supplying their own equipment.

Ski and snowboard equipment can be rented on site at a 'pass holder' discount of 10% on rentals as well as on purchases.

**Ski Improvement (SKIMP)** CADS Instructors attending Festival working with students are the best in Canada, all certified at CADS Level 2, 3, or 4 with years of experience.

There are ski and snowboard lessons to participants of any level and ability from beginner all the way up to Black Diamond and Racing in either a group or individual setting.

**Student Opportunities for Skiers and Boarders \$395 cost**

includes 5 days of lift passes, 5 mornings of lessons or training, Awards Banquet ticket, all activities and a welcome package.

Some Students will also ski in the afternoons while others will have the opportunity to explore and enjoy the resort amenities with their families. The festival offers 4 levels of lessons & training: training:

- **Green:** For the brand new beginner skier or boarder, taught by a certified CADS instructor. Participate in Guesstimation Race.
- **Blue:** For those who have been on the hill but require hands-on assistance or tethering, with a certified CADS instructor. Participate in Guesstimation Race.
- **Black:** For the independent skier or boarder looking for more mileage and wanting to explore variable terrain and improve their skills with a certified CADS instructor. Participate in Guesstimation Race.
- **Double Black/ Race Development:** For those who feel the need for speed and wish to improve their skills with a certified competition coach. Skiers and boarders must be completely independent. Improve your free-skiing. Learn-to and/or improve your skiing in gates. Learn how to take care of your ski equipment. Participate in a banked slalom and gate race.

Please register by February 24, 2017 and send completed [STUDENT Application](#) to [Deanna@disabledskiing.ca](mailto:Deanna@disabledskiing.ca)

**NOTE:** CADS does not provide adaptive equipment. Adaptive Equipment (i.e. sit skis) can be shipped ahead to Sun Peaks via Purolator (ONLY) if required, but advance notice is required at the receiving end. If you need assistance or have a problem providing your own adaptive equipment, please contact [Deanna@disabledskiing.ca](mailto:Deanna@disabledskiing.ca) to discuss.

**Teaching Opportunities Lead Instructors \$60 cost** includes 6 days of lift tickets, Awards Banquet ticket, all activities not requiring extra admission, and a Welcome Package. Any CADS Instructor is encouraged to attend Festival and enjoy the week. To qualify as a Lead Instructor, the priority will be candidates who have a minimum of Level 2A or New Level 2 CADS Certification and be available for the entire week; if approved, this candidate is also eligible for an honorarium. Some Level 1 Instructors may qualify, depending on the circumstances.

- **MANDATORY** Instructor/ Volunteer Orientation will take place on the hill on Sunday from 1 to 4pm.
- CADS plan to provide optional Ski or snowboard Improvement clinics for our Instructors.

Please register by February 24, 2017 and send completed [INSTRUCTOR Application](#) to [Deanna@disabledskiing.ca](mailto:Deanna@disabledskiing.ca)

**Volunteers Needed \$60 cost** A person wishing to volunteer, or an Instructor who is not qualified to teach as a lead Instructor may apply to volunteer as an Assistant. The fee is \$60, and includes 50% discounted lift passes with proof of CADS membership, Awards Banquet ticket, and all activities not requiring extra admission. If we need you, we will provide lift tickets; you must be available for the entire week.

- **MANDATORY** Instructor/ Volunteer Orientation will take place on the hill on Sunday from 1 to 4pm.
- CADS plan to provide optional Ski or snowboard Improvement clinics for our Instructors.

Please register by February 24, 2017 and send completed [INSTRUCTOR Application](#) to [Deanna@disabledskiing.ca](mailto:Deanna@disabledskiing.ca)

**Off-Hill Volunteer Opportunities:** If there are other areas that you would be interested in helping with over the week, please e-mail [deanna@disabledskiing.ca](mailto:deanna@disabledskiing.ca) CADS needs volunteers to help with

- Registration all day Sunday and on Monday morning,
- Banquet/ Silent Auction set-up Thursday afternoon evening
- Setting up flags for the Banquet on Thursday afternoon,
- a scribe with great handwriting to letter names on the certificates, and
- other tasks not listed! E-mail [deanna@disabledskiing.ca](mailto:deanna@disabledskiing.ca).



**Friends and Family** make it possible for our Students to ski and we warmly invite you to join us at Festival. The fee is \$60, and includes 50% discounted lift passes with proof of CADS membership, Awards Banquet ticket, and all activities not requiring extra admission. There are lots of amenities at the resort for non-skiers to enjoy.

Please register by March 17, 2017

**Banquet and Silent Auction:** CADS host an annual Awards Banquet on Thursday evening that includes Dinner and a Silent Auction. Tickets are part of Festival Registration. Dress is 'casual'. Dietary needs should be noted on the Student/ Instructor/ Volunteer Application Forms and/ or sent to [deanna@disabledskiing.ca](mailto:deanna@disabledskiing.ca)

**CADS need Silent Auction items.** They depend on Festival participants for many of the contributions. This is a significant fundraiser for the Festival and helps to pay for costs. Please consider donating an item, large or small, or a gift certificate. CADS will accept cash or credit card on site. Please contact [deanna@disabledskiing.ca](mailto:deanna@disabledskiing.ca) to advise her what you will be bringing as a contribution.

#### **Additional Banquet Tickets**

If you would like to purchase extra banquet tickets for family and friends who are not already registered for Festival, you may do so. Cost is \$60. FINAL day to purchase is March 24, 2017

**Instructor Training and Certification Opportunities:** CADS plans to provide ski and snowboard instructor certification courses and modules. Information will be posted in the Online Store.

#### **Itinerary**

There are many activities during the week on and off hill

- Sunday evening Opening Ceremonies where Student/Instructor teams will be introduced.
- Daily lesson program for free skiing and race training.
- Ride and meet national Para-ski and Para-snowboard team athletes and coaches.
- Instructor ski improvement clinics & certification courses and modules.
- Après ski socials (Mon-Wed) at the BC Adaptive Snowsports Hospitality Suite.
- Daily activities, brain teasers and challenges, including Snow Bocce and a Guesstimation Race
- AGM on Monday evening
- CADS Awards Banquet & Silent Auction on Thursday evening

**2017 CADS Festival Schedule**  
**Sun Peaks Resort, BC**  
**CADS DRAFT NOVEMBER 6, 2016**

Date	Time	Description	Location	Who
Friday March 24, 2017	16:00 22:00	Arrival of Staff and Board		
Saturday March 25, 2017	9:00 17:30	Board meeting		Board
	18:00 22:00	Dinner on own for Board/ Staff		
Sunday March 26, 2017	7:00 23:30	Equipment Room open		
	10:00 18:00	Festival Registration Desk open		ALL
	9:00 18:00	Snowboard instructor certification courses		
	9:00 18:00	Ski instructor certification courses		
	13:00 16:00	Mandatory Instructor/ Volunteer Orientation	On-mountain	Instructors/ Volunteers
	19:00 20:00	Opening ceremonies		ALL
	Monday March 27, 2017	7:00 23:30	Equipment Room open	
8:00 10:00		Festival Registration Desk open		ALL
9:30 12:00		On-mountain sessions for students & racers	On-mountain	Students and Instructors/ Volunteers
9:00 18:00		Snowboard certification courses		
9:00 18:00		Ski certification courses		
16:00 18:00		Après-ski in Hospitality Suite		ALL
19:00 20:00		Annual General Meeting		ALL
Tuesday	7:00	Equipment Room open		



March 28, 2017	23:30			
	9:30 12:00	On-mountain sessions for students & racers	On-mountain	Students and Instructors/ Volunteers
	9:00 18:00	Snowboard certification courses		
	16:00 18:00	Ski certification courses		
	17:00 21:00	Après-ski in Hospitality Suite		ALL
	19:00 23:00	Tuesday evening social		TBD
	Wednesday March 29, 2017	7:00 23:30	Equipment Room open	
9:30 12:00		On-mountain sessions for students & racers	On-mountain	Students and Instructors/ Volunteers
9:00 18:00		Snowboard certification courses		
9:00 18:00		Ski certification courses		
16:00 18:00		Après-ski in Hospitality Suite		ALL
19:00 23:00		Wednesday evening social		TBD
Thursday March 30, 2017		7:00 23:30	Equipment Room open	
	9:30 12:00	On-mountain sessions for students & racers	On-mountain	Students and Instructors/ Volunteers
	9:00 18:00	Snowboard certification courses		
	9:00 18:00	Ski certification courses		
	18:00 22:00	Annual Awards Banquet & Silent Auction		TBD
Friday March 30, 2017	7:00 23:30	Equipment Room open		
	9:30	On-mountain sessions	On-mountain	Students and

	12:00	for students & racers	Instructors/ Volunteers
	9:00 18:00	Snowboard certification courses	
	9:00 18:00	Ski certification courses	
	12:00 13:00	Closing Ceremonies	ALL
	13:00	Departures	TBD
Saturday March 31, 2017	7:00 11:00	Equipment Room open	

**The Mountain**      **[Sun Peaks Resort](#) boasts Canada's second largest ski area with a whopping 4,270 acres of skiable terrain on 3 mountains!**

[Sun Peaks Resort](#) is located in [Sun Peaks](#), B.C. 50 km northeast of [Kamloops](#), B.C. The summit elevation is 2,080 m (6,824 ft), with an 881 m (2,891 ft) vertical rise from the base. Sun Peaks has 16 square Km (4,270 acres) skiable terrain on 3 mountains, each with a personality of their own, each easily accessible from village, ski all three in a day or stick to favorite runs. Three mountains surround a European-style, ski-through village filled with quaint shops, cafes and eateries. Sun Peaks receives an average of 5.6 m (220 in) of snow per year with light, dry powder conditions that the Interior of BC is famous for.

The resort has 12 lifts with Burfield chair being the longest at 23 minutes total ride. Deep steeps, long cruisers, gladed areas, powder stashes and corduroy groomers can all be found within 4,270 acres of skiable terrain area comprising of three mountains: [Tod Mountain](#), Sundance Mountain, and Mt. Morrisey.

### **Link to Article on Sun Peaks Adaptive Program**

[Adaptive Sports at Sun Peaks](http://adaptivesportsatsunpeaks.org/) at <http://adaptivesportsatsunpeaks.org/>

[VIEW HIGH RESOLUTION VILLAGE MAP \(PDF\)](#)

Youtube tour video <http://www.sunpeaksresort.com/explore/sun-peaks-in-winter>

[VIEW ALPINE TRAIL MAP \(PDF\)](#) Higher resolution



VILLAGE MAP LEGEND P Parking Lot, Restrooms, O Bus Stop, F Fire Department, + First Aid Station, T Toboggan Area, G Garbage Disposal, Horse Stables, ... Valley Trail; arrow is Ski Direction

**FACILITIES | AMENITIES**

- 1 Burfield Lodge Administration offices, boot change
- 2 Little Shuswap Lodge Laundromat, Sun Peaks Aquatics, staff housing
- 3 Whispering Pines Lodge Staff housing
- 4 Sun Peaks Health Clinic
- 5 Bento's Day Lodge FREE Wi-Fi Cafeteria, Ski Patrol, boot change, ticket sales
- 6 Sundance Kids Centre Child minding, family activities
- 7 Village Day Lodge FREE Wi-Fi Adventure Centre, Café Soleil, Guest Services, Masa's Bar + Grill, Sports School, Sun Peaks Rentals, Sun Peaks Sports, bank machine, ticket sales
- 8 Tube Time Lift accessed tube park
- 9 Outdoor Skating Facility ice rink, skate rentals
- 10 Umbrella Café
- 11 Sun Peaks Nordic Centre Information, equipment rentals, retail accessories, boot change, Nordic ticket sales

**SERVICES WITHIN THE VILLAGE DAY LODGE**

Adventure Centre | 250.578.5542  
 Activity reservations, resort information, snowshoe trail passes, alpine and Nordic lift tickets  
 Guest Services | 250.578.5474  
 Alpine and Nordic lift tickets, Season Passes, Peaks Snow Cards, lost and found, resort information  
 Sports School Sales Desk | 250.578.5505  
 Book all winter sports lessons and child minding

**HOTELS | SHOPS | DINING | AMENITIES**

1. Sun Peaks International Hostel
2. Horia Sun Lodge
3. Pinnacle Lodge
4. Coast Sundance Lodge Adaptive Sports Sun Peaks, Bolocco Café, Bottom's Bar & Grill, John Tod Trading Co., Lone Wolf Gallery & Willow Tree Gifts, Southside Board Shop, Vertical Café, bank machine
5. Hearthstone Lodge Bella Italia Mediterranean Kitchen, Jardines, Mountain High Pizza, Oya Japanese Restaurant, Hopplal Burgers & Greek, Todd Mountain Café
6. Sun Peaks Grand Hotel & Conference Centre Alpine Images, The Club, Elevation Bike Ski & Board, Fall Line Repair Centre, Mantles Restaurant & Lounge, The North Face Mountain Outfitters, bank machine
7. Sun Peaks Lodge McSports, The Steakhouse
8. The Residences at Sun Peaks Grand Bluebird Market, Morrissey's Public House, Notary Public - Janice Rutherford, Rocky Mountain Chocolate Factory, Sneaky Scallywags, Sotheby's International Realty Canada, Sundance Liquor Store, Three Peaks, Tourism Sun Peaks & Central Reservations, Sun Peaks Spa Express, bank machine
9. Nancy Greene's Cahilly Hotel & Suites Cahilly Creek Bar & Grill, bank machine
10. Fireside Lodge 5Forty Café & Grill, The Candy Vault, Creekside Critter Outfitters, Freefall Sun Peaks, Merani Developments Ltd., Mountain Money Mailbox Rentals & Cheese Cashing, Powder Hounds
11. Koobaburra Lodge Black Beaver Crossing, Chrigel's Timber Chalet Inc., RE/MAX Alpine Resort Realty, Sun Peaks Independent News, Sun Peaks Mountain Resort Municipality, Sun Peaks Spa, Voyageur Bistr

**TOWN HOMES | CONDOS**

- |                        |                       |                        |
|------------------------|-----------------------|------------------------|
| 1. Burfield Heights    | 7. VillageWalk        | 13. McGillivray Creek  |
| 2. The Cabins          | 8. Snow Creek Village | 14. Trapper's Landing  |
| 3. The Cottages        | 9. Timberline Village | 15. Trill's Edge       |
| 4. Sun Mountain Villas | 10. Powder Ridge      | 16. Stone's Throw      |
| 5. Alpine Greens       | 11. Forest Trails     | 17. Settler's Crossing |
| 6. The Peaks           | 12. Crystal Forest    | 18. Woodhaven          |
|                        |                       | 19. Bridge Gate        |

**SKI-IN / SKI-OUT RUNS**

1. Burfield Drive Access from the top of the Morrissey Express chairlift; take 'Back In Time' to Burfield Drive
2. Burfield Heights Access from the top of the Sunburst Express chairlift; take 'Munro Ridge', or 'Cahilly' to '5 Mile' to 'Burfield Outrun'
3. Sunburst Drive Access from the top of the Sunburst Express chairlift; take 'Munro Ridge' to 'Runaway Lane', or 'Burfield Outrun' to 'Connector'
4. Fairways Drive Access from the Morrissey Platter or the top of Morrissey Express chairlift; take 'Grand Return' to 'Home Run' to 'Fairways Ski Back'
5. Sundance Drive Access from the Village Platter or Sundance Express chairlift; take 'Rambler' to 'Gentle Giant'
6. Bella Vista Drive Access from the top of the Sundance Express chairlift; take 'Rambler' to 'Mt. Morrissey Connector'
7. East Village Access from the top of the Sundance Express chairlift; take 'Rambler' to 'East Village Ski Way'



### **Winter Mountain Stats**

Winter Season	Opening Day, coming soon! Closing Day, April 17, 2017
Ski Area	4,270 acres of terrain on 3 skiable mountains Second largest ski area in Canada!
Mt. Tod Summit Elevation	2,152m (7,060')
Burfield Chairlift Summit Elevation	2,080m (6,824')
Village Base Elevation	1,255m (4,116')
Skiable Vertical	882m (2,894')
Sunburst Express Chairlift	Base Elevation 1,255m (4,117') Top Elevation 1,850m (6,069')
Sundance Express Chairlift	Base Elevation 1,255m (4,117') Top Elevation 1,730m (5,679')
Elevation Chairlift	Base Elevation 1,550m (5,085') Top Elevation 1,863m (6,112')
Crystal Chairlift	Base Elevation 1,766m (5,794') Top Elevation 2,061m (6,762')
Morrissey Express Chairlift	Base Elevation 1,277m (4,189') Top Elevation 1,675m (5,495')
Burfield Chairlift	Base Elevation 1,198m (3,930') Top Elevation 2,080m (6,824')
West Bowl T-Bar	Base Elevation 1,903m (6,243') Top Elevation 2,069m (6,788')
Bowls	2 alpine bowls
Longest Run	Up to 8km's (5 miles) long
Trails & Glades	135 trails, including 16 gladed areas
Terrain Type	10% novice (green circle) 58% intermediate (blue square) 32% advanced and expert (black diamond and double-black diamond)
Rockstar Energy Terrain Park	10 acre terrain park with zones for all abilities
Types of Lifts	12 lifts, including 3 high speed quad chairlifts, 2 quad chairlifts, 1 triple chairlift, and 6 surface lifts
Lift Capacity	12,000 riders per hour
Annual Snowfall	6m (237") of powder
Nordic (Cross Country)	37.8km of groomed and track set 17km of backcountry trails
Sun	On average over 2,000 hours of sunshine per year!
Average Temperatures	December -9.5°C / 15°F January -6.7°C / 20°F February -6.1°C / 21°F March -3.9°C / 25°F April -1.1°C / 30°F



## **Dining at Sun Peaks      Plenty of Choice and Variety**

**Bluebird Market** grocery space at 3250 Village Way Located in the Residences at Sun Peaks Grand, phone (250) 578-2414 Features deli with prepared takeout items, full dairy, abbreviated meat department, staples, produce, specialty items such as in-season local produce and Canadian coffee from Oso Negro.

**Sundance Fine Wine Beer Liquor Store** at 3250 Village Way Located in the Residences at Sun Peaks Grand (250) 578-0420 Large selection of wine, beer, coolers, ciders, and spirits, over 200 different types of wine. Open daily from 10:00am to 10:00pm

**The Candy Vault** at 3190 Creekside Way Located in the Fireside Lodge (250) 578-7482 Visit website Features retro and imported sweets, Rogers Chocolate, Tea Forte, soda, Canadiana, toys and novelties.

**5FORTY CAFÉ & GRILL** open daily for breakfast, lunch, dinner, offers full menu, licensed to serve liquor from 9:00am to 12:00am, warm up with a shot of Baileys in a Kicking Horse coffee, or a cold craft beer.

**BELLA ITALIA MEDITERRANEAN KITCHEN** Enjoy relaxing evening every dish is created to order using only the finest freshest ingredients. Sample sumptuous pasta or taste a delectable seafood creation.

**BENTO'S DAY LODGE** Breakfast, lunch, and beer - cafeteria style - not to mention a quick and convenient place to pick up your lift tickets! A family-focused day lodge that welcomes lunches brought from home, and has storage and lockers for our guests.

**BOLACCO CAFÉ** is a local's favorite for coffee. Come by and enjoy a specialty coffee, and local hospitality from the baristas. It is also the perfect spot to have a quick breakfast, lunch, or light dinner.

**BOTTOMS BAR & GRILL** Bottoms has got the pub scene down with daily drink specials, and one of the most lively après bars on the mountain. Make sure you stop by for a pint while you're at the resort.

**CAFÉ SOLEIL** Stop by for a hot breakfast, deli sandwich, quick snack, or scrumptious baked goods. Café Soleil is conveniently located at the bottom of the Sunburst Express and Sundance Express chairlifts.

**CAHILTY CREEK BAR & GRILL** "Best homemade burger on the block" - Serving up the freshest ingredients with homemade burgers, soups and hand cut french fries.

**HOOPLA! BURGERS, GREEK, GELATO** Greek food to go and classic burgers! Grab a pita wrap, meal platter or souvlaki, topped with authentic gelato, features classic Canadian poutine and loaded burgers.

**MANTLES RESTAURANT & LOUNGE** Located in the lower lobby of the Sun Peaks Grand Hotel & Conference Centre, Mantles offers a family friendly all-day dining experience. The restaurant offers a comfortable ambience and provides guests with a broad spectrum of menu offerings.

**MASA'S BAR + GRILL** is centrally located in the Village Day Lodge and a great place to stop for a quick lunch or a family dinner. Masa's features impressive nightly specials for both friends and families.

**MORRISEY'S PUBLIC HOUSE** is a comfortable and fun Irish style pub where the village come together to meet new and old friends. Drop by any given night to watch live sporting events.

**MOUNTAIN HIGH PIZZA** serves fresh pizza by the slice or by the pie. Come in for a slice of pizza, or take a whole one away for dinner. Mountain High Pizza also delivers through the resort.

**OYA RESTAURANT** Kamloops' favorite sushi restaurant now boasts a second location in Sun Peaks. Drop in for sushi roll, noodle bowl or any other Japanese dish you're after, they've even got sake!

**POWDER HOUNDS** dining atmosphere is one of a kind perfect setting for a special meal. The menu can be described as International cuisine with a touch of German and Canadian.

**STEAKHOUSE AT SUN PEAKS LODGE** Enjoy house cuts of 100% Canadian beef, daily features, and a good bottle of wine in a casual family atmosphere, regulars return for great steaks, seafood, and BBQ ribs, complemented by the in house pastries and fresh made barista coffees.

**SUNBURST LODGE** Simply scrumptious and stunningly scenic! Located at mid mountain, the Sunburst Lodge offers scenic views of the Headwalls and down the surrounding valleys.

**THE CLUB** Live music events, DJ dance floor, pool tables – this is the place to meet after a day on the slopes! Experience European influences in lighting, sound, and design, highlighting our resort setting.

**THE VOYAGEUR BISTRO** Themed on Canadian ingredients available for hundreds of years; Bison, berries, bannock and local fish are all featured on the menu.

**TOD MOUNTAIN CAFÉ** friendly café specializing in fresh food - savory and sweet crêpes, wraps, burritos, breakfast muffins, paninis, bagels, croissants and tasty hot lunches.

**VERTICAL CAFÉ** offers fresh made paninis, wraps, quesadillas, vegetarian chili and hotdogs, specialty coffees, smoothies and shakes. Breakfast features are served all day. Soup is made fresh every morning.

#### **Other Things to Do**

Various spas gyms and wellness

Bungee Trampoline

Cat Trax Groomer Rides

Dog Sled Tours

First Tracks Breakfast

Fondue Dinner & Evening Descent Board the Sunburst Express chairlift at 4:45pm for a twilight ride up to the Sunburst Lodge.

Guided ice fishing Ice Skating

Horse Drawn Sleigh Rides in the sights and sounds of the village and surrounding area.

Kamloops Blazers hockey game

Kamloops shopping shuttle

Snow Limo Rides tour the Mountain makes the mountain snow gliding experience accessible to everyone

Snowbike Snowmobiling Snowshoe rentals tours

Tube park Winter segway tours Photo Shoots

[View Nine Web Cams of Sun Peaks](#) Below is Village Day Lodge Slopeside



2015 CADS Festival Group Picture

## CADS Festival 2015

