

National Capital Division

CADS Calabogie Peaks Newsletter

Issue 2: Sunday, February 14, 2016



HERO & HEARTS Day is February 14!

On Sunday, February 14 show off your spirit by dressing up in your favourite Valentine's Day inspired clothing and accessories!

We can't wait to see your Hero & Hearts outfits!



Director's Corner

Happy Valentine's Day Everyone!

I can't believe we are racing through the season. It seems we just got started and now we are entering our final weeks. It doesn't seem possible.



I hope it has been a great year for everyone. I have seen a lot of happy skiers out on the slopes. On January 31st, we had sunshine and spring like temperatures and everyone was having the best day ever.

We have had students and instructors alike ripping up the snow and smiles big and bright.



This year I was able to participate with the Community Living Day, and it was truly a rewarding experience. So many smiles! The stand-up skiers and sit-skiers had a great day on the hill. A big thank you goes out to Clay Dawdy and Stephen and Dawnalee Toole for bringing it all together.

I know I am dreaming of snow and more snow and hope that it stays long enough to see us through to the end of the program.

I am also looking forward to seeing the race results this year because I think all our students have improved and taken their skiing and snowboarding skills up a notch or two this year. It will be an exciting finale to the year.

See you at banquet and make sure you sign up for yourself and guests. As always it promises to be a special event.

Keep those smiles coming!

Deb Blimkie

Banquet Update

On Jan 14 CADS Calabogie sponsored a customer appreciation day at the warming hut at the top of Lakeview Lift. It was enjoyed by many as we handed out over 30 dozen cookies and over 50 litres of hot apple cider. Thanks go out to Bernie, Tom, Malcolm, Tanya, Phil, Brittini, Keith, Clay, (sorry if we missed someone) Hope to do it all again next year.

Our closing banquet is fast approaching and will be held on Sunday, 28th of February from 12pm till 3pm at the Calabogie Community Centre (Mill Street).

Calabogie Pizzeria will again cater it and there may be a pleasant surprise on the menu again this year. As our banquet is always well attended, we expect the same again this year.... so sign up early at our Program Registration Desk. Please register your attendees by the 21st as we need to have our numbers in to our caterer for the food preparation. Please sign up at the registration desk when you come in to the CADS room.

Students and Volunteers are free, outside family members/friends will be asked for the nominal fee of \$5 for children under 16 and \$10 for adults and children over 16. Thank you for your continued support of the banquet. Hope to see you all there.

Bernie Mahusky

Lottery Update

I can't believe how quickly the date for the Lottery is approaching - The draw will be held at the Year End Banquet on February 28th, 2016.

Please don't forget to bring your sold lottery ticket stubs and proceeds with you next Sunday.

We still have 30 books of tickets left to sell. Chalet sales have been really slow this year with the wacky weather. If you can possibly sell another book to family and friends it would be a big help. The proceeds from the lottery are our main source of income and they're especially important this year because other funding sources have been unexpectedly cut.

Canadian Association for Disabled Skiing
National Capital Division (CADS-NCD)
2216 Bordeaux Grove, Ottawa, ON K1C 2P7 - Phone 413-824-7393

Sixth Annual Fundraising Raffle

Calabogie Adaptive Snow Sports

GRAND PRIZE	55" Smart TV	Retail Value	\$1,200
	e/w Sound Bar and Wireless Woofer		
2ND PRIZE	HEAD "NATURAL INSTINCT"		
	skis e/w PR11 Binding		\$500
3RD PRIZE	Calabogie Peaks Resort		
	Adult Ultimate Season Ski Pass for the 2016-2017 Season		\$500
4TH PRIZE	Apple iPad Air		\$600

Ticket 1 of 2210 printed

www.CADS-NCD.ca

DRAW DATE: FEBRUARY 28TH, 2016 AT 1PM
Location: 1216 Bordeaux Grove, Ottawa, ON
**Sponsored by Calabogie Peaks Resort and Head Canada

Prizes awarded as stated. Must be 18 years or older to participate. Ottawa licence # M777188

Name: _____
Address: _____
Phone: _____
E-Mail: _____

CADS-NCD - Calabogie Peaks
Sixth Annual Fundraising Raffle

\$5 OR **THREE** FOR **\$10**
EACH

Must be 18 years or older to participate. Ottawa licence # M757338. Ticket 1 of 2250 printed

Weekday Volunteers for Snow School

Looks like a busy year with disabled skiers coming during the week through the skiing in Schools Program at Calabogie Peaks.

February 23	Steve Maclaren P.S.
February 24	A. Lorne Cassidy
February 25	Huntley P.S.
March 2	A. Lorne Cassidy
March 3	Huntley P.S.
March 9	A. Lorne Cassidy

It has been fairly busy with more coming. We need some help on Feb. 22, Austin (from our Sunday program) coming but I cannot make that day, so we will need both a lead instructor and an assistant instructor. Austin uses our Jr BI-Unique that is setup for him and ready to go.

I also need an assistant for this coming Monday February 15 (small person in a Mountain man).

Al Watson

Instructor Certification Training Schedule

Level 1 Sit-Ski Module - Mandatory	PAKENHAM	January 12	6pm - 9pm
Level 1 Sit-Ski Module – Optional 1 *	PAKENHAM	January 13	6pm - 9pm
Level 1 Sit-Ski Module – Optional 2 *	PAKENHAM	January 19	6pm – 9pm
Level 1 ASD/CI Module - Mandatory	CALABOGIE	January 30	9am – 4pm
CSIA Methodology Training Session 1 **	PAKENHAM	February 16	6pm – 9pm
CSIA Methodology Training Session 2 **	PAKENHAM	February 17	6pm – 9pm
CSIA Methodology Training Session 3 **	PAKENHAM	February 23	6pm – 9pm
Level 2 Sit-Ski Module - Mandatory	EDELWEISS	March 5	9am – 4pm
Level 2 ASD/CI Module - Mandatory	EDELWEISS	March 6	9am – 4pm

* Level 1 Sit-Ski module participants must attend the mandatory session **AND only one of the optional sessions.**

** Participants would be NCD volunteers who want to take their CADS Level 1 certification or CADS Specialist module. **MUST attend all 3 nights.** Not required if you have your CSIA Level 1.



Weather Report: Winter 2016

The 2016 Old Farmer's Almanac Canadian Edition predicts that many areas of the Commonwealth will feel much like the inside of an icebox—super cold and dry—with below-normal temperatures and snowfall.

We're not expecting more snow than usual, but the temperatures outside will definitely be brisk throughout the season.

Ontario

FEBRUARY 2016

12th-15th. Fair, then turning stormy, wet, snowy.

16th-19th. Turning fair and colder.

20th-23rd. Relatively pleasant weather. Dry Family Day.



What to do when you cannot attend the Sunday program

Volunteers and Students please make sure to contact Raymond via email, text or call, in advance to the Sunday program (if possible) if you are unable to attend the Sunday program.

Knowing in advance will give management time to rearrange volunteers and students to ensure the Sunday Program can run in the most efficient way possible.

Raymond Blimkie Contact information

Email: snow@blimkie.ca
Phone: 613-325-3349

Calabogie Adaptive Skiing Program Events and Schedule

(REV. Dec 28, 2015)

***** Wall Divider Required

DATE	TIME	ACTIVITY	LOCATION
February 14, 2016	10:00-3:00	Calabogie Student Program (Hero & Hearts - Valentines theme)	Calabogie Peaks *****
February 16, 2016	6.00 - 9.00 pm	12 Hour CSIA Methodology.	Pakenham, Note 3
February 17, 2016	6.00 - 9.00 pm	12 Hour CSIA Methodology.	Pakenham, Note 3
February 21, 2016	10:00-3:00	Calabogie Student Program	Calabogie Peaks *****
February 23, 2016	6.00 - 9.00 pm	12 Hour CSIA Methodology.	Pakenham, Note 3
February 28, 2016	12:00-3:00	Banquet/ Awards	Calabogie Community Centre

March 5, 2016	9:00-4:00 pm	CADS Level 2 ASD Module	Edelweiss, Note 4
March 6, 2016	9:00-4:00 pm	CADS Level 2 Sit Ski Module	Edelweiss, Note 4
March 13, 2016	All Day	CADS-NCD Ski Trip	Ste. Sauveur/Mt. Avila
March 20-25, 2016		CADS FESTIVAL	Kimberley, BC

Note 1, Eligible participants include existing CADS Level 1 instructors (no charge).

-Attendees must attend on the mandatory evening and 1 of the optional evenings.

Note 2, Eligible participants include existing CADS Level 1 instructors (no charge) .

Note 3, Participants would include NCD volunteers who want to take a CADS Level 1 certification course or CADS Specialist modules.

Note 4, Participants would include existing CADS Level 2/2A instructors who want to upgrade to the new CADS certification standard (Could also include existing CADS Level 1 instructors who would only be tested to the new CADS Level 1 Standard if we have enough course conductors).

Note 5, Week Ski Improvement Course for Volunteers will be held on Wednesday evenings at Mt Pakenham 7:00 - 9.00 pm Jan. 6, 13,20 27 & Feb 3, 2015.

